



Several steps to the 5 steps

1st AFINet International
Conference,

November 2018

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A photograph of a rural village scene. In the foreground, there are several traditional houses with steeply pitched roofs covered in reddish-brown tiles. The walls of the houses are made of dark, possibly mud-brick or stone. In the background, there are numerous tall palm trees and other lush green vegetation under a clear blue sky. A dirt road or path runs through the middle ground, and a large pile of cut logs and branches is visible on the right side. The overall atmosphere is that of a peaceful, rural community.

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Developmental stages

Formative work

Pilot RCT work

Post Pilot RCT work



About You
and the
Problems
You are
Having

STEP
1



Increasing Your
Knowledge and
Understanding

STEP
2



Ways of
Responding

STEP
3



Getting Help
from Others

STEP
4



Getting
Further Help

STEP
5



SAFE vs EUC

Parallel arm, single blind, pilot RCT

Study design

Setting

Community setting, North Goa

Recruitment

Referrals from community gatekeepers & self referrals.

Outcomes

Symptom Rating Test, Coping Questionnaire, Family Member Impact Questionnaire and Alcohol, Drugs and the Family Social Support Scale (administered 3 months post enrolment).

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KEY MILESTONES

MRC framework

Task-sharing

Cultural adaptation



SAFE Pilot RCT

Apr 2016



Training of counsellors, case series



May 2016

Began recruitment, treatment delivery, regular peer-based supervision

Aug 2016

Completed recruitment, began outcome assessments

Nov 2016

Completed all treatment sessions, and outcome assessments



Feb 2017

Completed consultation meeting with SAFE team

Mar 2017

Completed nested qualitative study

Jun 2017

Training gatekeepers in core Counselling Relationship Skills

Nov 2017

Began sub-study on understanding the treatment needs of survivors of violence

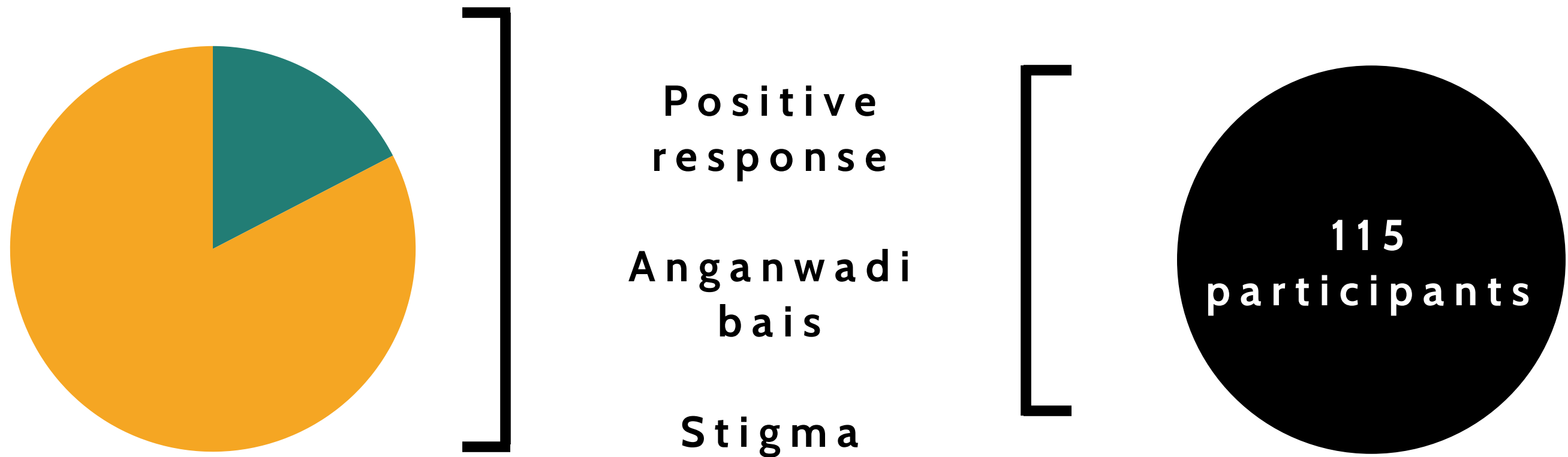
Sept 2018



Analysis of data

Process data

Source of referral



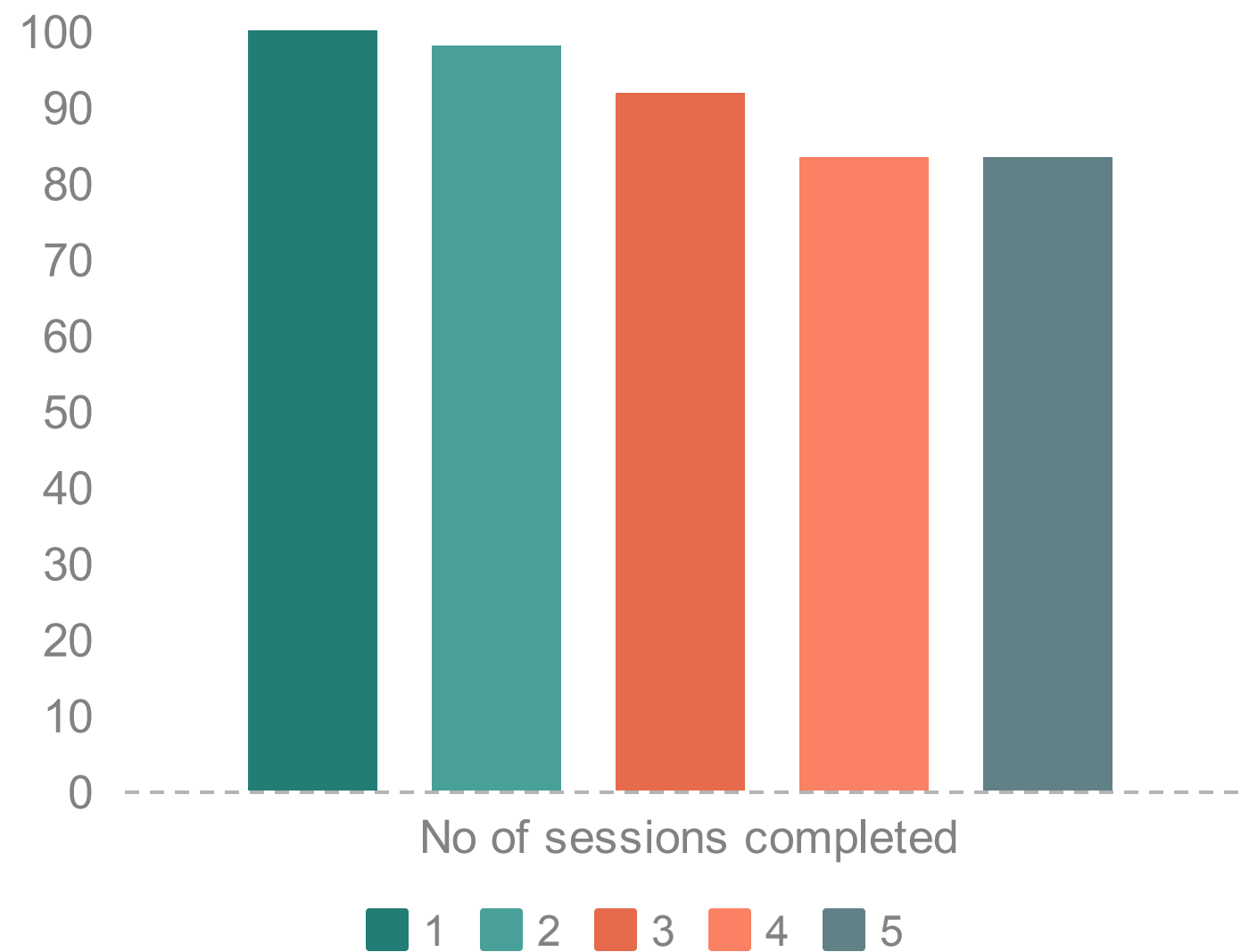
■ Self referral (17.39%) ■ Gatekeeper referral (82.61%)

Process data



Process data

Treatment completion rate



95%
completed
outcome
assessments

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Feasibility, acceptability and indicative impact

QUANTITATIVE MEASURES

PROCESS MEASURES



- Cultural adaptations

Universality of experiences

Identification of processes
for intervention

Integrated approach



In Conclusion...

